

Noodles with Ham and Peas

This quick meal can be prepared in about 20 minutes, provided all the ingredients are on hand.



Ingredients

400 g spinach (or plain) noodles
4 cloves garlic
250 g cooked or smoked ham
250 g fresh or canned peas
200 g cream or sour cream

Preparation

Boil the noodles in 2 liters salted water for 8 minutes. Cut ham into small cubes. Heat oil in a large pan. Sauté the garlic and ham for a few minutes. Add peas and spices and cook a little longer. Drain the noodles and add to the ham. Stir in the cream/sour cream and simmer 5 more minutes. Season with grated nutmeg, salt and pepper.

Ready in a few minutes - enough for several people



Translated by Rose Vetter